NASAC’S
STUDENT
GUIDE TO A
SETAC NA
MEETING

SETAC North America 40th Annual Meeting
3–7 November 2019 | Toronto, ON, CA
A MESSAGE FROM YOUR CHAIRS

Dear Students of SETAC,

It is our pleasure to welcome you to the 40th annual North American meeting of the Society of Environmental Chemistry and Toxicology (SETAC) in beautiful Toronto! Whether you are a veteran or it’s your first SETAC meeting, we hope that you find this Student Guide a helpful tool in navigating this year’s conference. Inside you will find tips for getting around the city, giving presentations and networking with colleagues. We have also included information about the many student activities planned for this year’s meeting.

We would also like to take this opportunity to encourage you to attend the North American Student Advisory Council (NASAC) meeting on Tuesday, November 5th from 10-11 AM in room 705. At this meeting, you will have the opportunity to meet your fellow students and future colleagues and learn more about how you can get involved as a student in SETAC. We’ll also discuss our upcoming Young Environmental Scientists (YES) meeting – a for students, by students conference that will take place this spring at Baylor University in Waco, Texas!

We hope that you have a productive and fun SETAC, and we look forward to meeting you!

Leah M. Thornton Hampton | NASAC Chair

Derek Green | NASAC Vice Chair
New members are an important component of SETAC, and we are hoping to help you with attending your first SETAC NA meeting or first Toronto meeting of SETAC. The online itinerary planner at [http://meetings.setac.org](http://meetings.setac.org) allows you to search topics and create a customized schedule. This is a valuable tool to help you manage your time at the conference.

Remember, even if your abstract has been accepted to the conference, you still need to register! Online registration is now closed, but on-site registration is still possible.

Be sure to take advantage of the Buddy System. It’s a great way to meet experienced SETACers and get the most out of your meeting! If you didn’t get a chance to sign up, come meet members of NASAC at the Student Corner – we’d love to show you around!

For general information, check out the conference website [https://toronto.setac.org/](https://toronto.setac.org/)
Toronto Transit

Toronto has lots of transport options, including the public transit system (TTC), the airport train (UP Express), Uber, Lyft etc.

Public Transit

Get a **PRESTO card** from vending machines in stations or at the UP Express counter in the airport.

Load the card with money and tap card to use for all public transit in Toronto, and for rail/bus lines outside of the city (including to Niagara Falls!). Some station entrances only take PRESTO too.

Google Maps does a good job for route planning – ride times are fairly accurate and take good routes. Fares on the TTC are $3.25 CAD without PRESTO or $3.10 with it.
INFORMATION ABOUT TORONTO

Toronto Transit – Getting from the airport
Union-Pearson (UP) Express – dedicated train that will drop you off ~ a 5 minute walk from the conference centre.
Round-Trip Fare: $18.50 CAD (PRESTO)/$24.70 (Standard)
Getting PRESTO pays for itself
SETAC has a deal for $18.50, without PRESTO
TTC – Bus to Line 2 of the subway
Standard TTC fare, possibly quicker to places on Line 2
Traffic can be very heavy – UP/TTC may be faster than an UBER/LYFT. Prices vary, but $40-$50 CAD one-way is normal.

Public transit routes from the Pearson Airport to the Metro Toronto Convention Centre. UP in brown (41 minutes), TTC in light gray (1h15 minutes). All screen caps from 5:15 PM. From Google Maps

Driving from Pearson Airport to the Convention Centre (~55 minutes). All screen caps from 5:15 PM. From Google Maps
TORONTO — EMERGENCY INFO

Closest Hospital is St. Michael’s
911 is emergency services in Canada

US Consulate is off of Simcoe street
(416) 595-1700

Link to google maps from convention centre to hospital:
https://tinyurl.com/direction-to-hospital

Map showing the closest hospital to the Metro Toronto Convention Centre. Note the American Consulate in the NW corner of the map. From Google Maps
TIPS FOR ATTENDING THE MEETING

Talk to colleagues before you go
- Solicit useful tips about how to manage your time and approach the meeting
- Ask for introductions to make networking easier

Plan ahead for each day of the meeting
- Search the abstracts to identify posters, workshops, symposia, etc. you want to attend
- Create a plan that works best for you. Map out each day with events, poster #, locations, and times (check out the online planner). Include break times. Remember to include your own poster or presentation session!
- Make a list of people with whom you’d like to connect
- Set specific goals in order to know when you can take a break (ex. Share research with three new people, see x number of talks, discuss certain issue). Conference days can be long so try to maximize your efforts for sessions and events that matter to you.

What to bring
- Comfortable shoes – it’s a long day on your feet!
- Appropriate attire – business or business casual is typical
- Layers – the temperature in convention centers can be variable
ONCE YOU ARE AT THE MEETING

Meet people!
- One of the best parts of the conference is getting to interact with people passionate and knowledgeable about environmental toxicology and chemistry – take your time and make sure to enjoy this!
- Ask mutual friends and mentors to make introductions
- Introduce yourself – poster sessions or following up after a session with a speaker is a great way to start a conversation with fellow scientists.
- Business cards are a helpful way to exchange contact info. Lots of people use them at the poster sessions.
PRESENTATIONS — PLATFORM

Be sure to check out the presentation guidelines!!!
This includes helpful tips for presenting as well as must-know information for when to show up to give your presentation and which file format to use. Below is a brief summary.

Platform
- 12 min talk + 3 min Q & A
- Upload your presentation by 4pm the day before your session.
- Save your presentation in PowerPoint 2010
- Introduce yourself to the chair during the break before your session
- If you do not get a chance to ask your question during the Q & A period, follow up with the speaker during a break

If you do not want anybody taking pictures or videos of your slides, use the image in the bottom right of this slide. For the original image and more meeting policies, check out the website here.
PRESENTATIONS — POSTER

Be sure to check out the presentation guidelines!!!

Poster
- Set your poster up from 7 – 8 am on the day of your presentation. Take your poster down at 6:30pm (M-W) or 5:45pm (Th)
- Bring your own tacks/Velcro to attach your poster
- Be at your poster during all breaks and poster socials (see times below)
- Some people tack business cards to their poster board and leave an envelope to others to leave theirs. It’s a helpful way to exchange contact info even when it’s not a poster break.

Refreshment/Lunch Breaks
Monday–Thursday: 9:15 a.m.–10:00 a.m.
Monday–Thursday: 11:15 a.m.–1:00 p.m.
Monday–Thursday: 2:15 p.m.–3:00 p.m.

Poster Socials
Monday–Wednesday: 5:00 p.m.–6:30 p.m.
Thursday: 4:15 p.m.–5:45 p.m.
STUDENT EVENTS!!!

Find all the details at by clicking here...

Sun – Wed

Chat with a Student Leader

Find a NASAC representative wearing a rainbow lei to learn more about getting involved!

Sunday | 7:30 - 9:30PM | Student Corner
Monday - Wednesday | 5:15 - 6:45PM | Student Corner

Come meet us throughout the conference!!

STUDENT-MENTOR DINNER

Grow your SETAC network!

MONDAY | NOVEMBER 4
7:00PM - 10:00PM
ROOM 801 A/B
$10 PER TICKET. PRE-REGISTRATION REQUIRED

Monday
STUDENT EVENTS!!!

Find all the details at by clicking here...

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**NASAC**
NORTH AMERICAN STUDENT ADVISORY COUNCIL

GET INVOLVED!

- Grow your network
- Be a voice for students
- Plan student activities

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**Face to Face Meeting**
All are welcome!
Tuesdays | November 5 | 10AM-11AM | Room 705

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**EXPLORING CAREER CHOICES**
TUESDAY | NOVEMBER 5 | 2:30PM - 3:30PM
ROOM 6018

LEARN MORE ABOUT POTENTIAL CAREER PATHS AND COMMUNICATE WITH PROFESSIONALS FROM A VARIETY OF FIELDS
$5 PER TICKET

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Tuesday
STUDENT EVENTS!!!

STUDENT NOONTIME SEMINAR: DR. SAMANTHA YAMMINE

Neuroscientist
Science Communicator
Digital Content Creator

WEDNESDAY
NOVEMBER 6
11:15AM - 1:00PM
ROOM 701B

FREE FOR STUDENTS*
*PRE-REGISTRATION REQUIRED

[Image of a student standing in a lab with equipment]

Wednesday

[Image of a student giving a presentation]

Link to details
HOCKEY HALL OF FAME

STUDENT MIXER

WEDNESDAY | NOVEMBER 6 | 8PM - 1AM

Admission includes 2 drink tickets and light hors d'oeuvres

All SETAC members welcome
NETWORKING EVENTS

Opening Ceremony and Reception
Sunday 6 – 10 pm | Hall F & Exhibit Hall

Early Career Social
Tuesday 6:00 p.m.–8:00 p.m. | Room 701 A | Cost: US$20, Students US$10

Gathering of Empowered Minds Social
Wednesday 6:30 p.m.–8:30 p.m. | Room 601 B

Closing Ceremony
Thursday 5:45 p.m.–6:30 p.m. | Hall F

For interest group meetings and regional chapter meetings, check out the schedule here.

For details and a complete list of events, please visit the following link.
Be sure to check out the student corner in the poster hall from Sunday to Thursday!

STUDENT CORNER

STUDENT RESOURCES – COMPILED.

CHARGING  GAMES  INFO

Look for a Student Leader wearing a rainbow lei!
MEETING FOLLOW-UP

- Follow-up on any promises you made to send reprints, provide references, etc.
- Add people to your network and remember to keep occasional contact.
- Get reimbursed for your travel. Remember to keep:
  - Boarding passes. Take a screenshot if using an app as they sometimes disappear after your flight.
  - Airline tickets.
  - Registration invoice.
  - Hotel receipts.
  - Receipts for transportation from airport to hotel.
BECOME A MEMBER OF SETAC AND NASAC

Benefits to being a SETAC student member:

Online subscription and access to:
- Environmental Toxicology and Chemistry
- Integrated Environmental Assessment and Management
- SETAC Globe
- Membership Directory

Discounts on:
- SETAC books
- SETAC webinars and session recordings
- Periodic special reductions below member prices on SETAC publications
- Registration fees

Access to student awards and fellowships

Free resume posting at the SETAC Career Center

Benefits to being a NASAC member:

Join an amazing team of dedicated students to help plan student events such as the YES meetings, Student Socials, and Student Noontime Seminar
The Young Environmental Scientists (YES) meeting is a for-students, by-students conference, branching out from the Society of Environmental Toxicology and Chemistry (SETAC). YES provides a welcoming, low-stakes environment for students to present their research and grow their professional networks amongst their peers.
See you in Toronto!

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3–7 November 2019 | Toronto, Canada
toronto.setac.org

SUBMIT A LATE-BREAKING SCIENCE ABSTRACT FOR SETAC Toronto!
Submit by 23 October | Posters Only